St John Henry Newman Catholic School Autumn Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	Meatballs in gravy	Crispy Chicken	Honey Roast Ham with Yorkshire	Cumberland sausage	Fish fingers sandwich
		goujons with a choice of BBQ, sweet chilli or	pudding	whirl with gravy	with crispy lettuce
		garlic mayo sauce			
Veggie Main	Vegan meatballs in gravy	Quorn nuggets	Vegetable pasty	Veggie Cumberland sausage	Margarita pizza slice
Sides & Greens	Broccoli & new potatoes	Potato wedges & sweetcorn	Roast potatoes & carrots	Mash potatoes & garden peas	Chips & beans
Jacket potatoes with a choice of fillings	Beans, cheese & beans, tuna mayo, coleslaw, chicken	Beans, cheese & beans, tuna mayo, coleslaw, chicken	Beans, cheese & beans, tuna mayo, coleslaw, chicken	Beans, cheese & beans, tuna mayo, coleslaw, chicken	Beans, cheese & beans, tuna mayo, coleslaw, chicken
3	mayo	mayo	mayo	mayo	mayo
Desserts	A selection of home- made fruit pots, cookies & traybakes	A selection of home- made fruit pots, cookies & traybakes	A selection of home- made fruit pots, cookies & traybakes	A selection of home- made, fruit pots, cookies & traybakes	A selection of home- made fruit pots, cookies & traybakes