

# Newman Catholic School

## Menu Week 3

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Event</b>	Italian Chicken Pasta	Chicken noodles with sweet & sour sauce or Chinese curry sauce	Slow roast brisket of beef with Yorkshire pudding & gravy	Cheese Burger or Crispy Chicken Burger	Crispy Bread crumbed fillet of fish
<b>Veggie Main</b>	Cheesy pesto pasta	Sweet chilli stir fried vegetables & egg noodles	Baked Bell peppers filled with rice & smoky mixed beans	Falafel Burger	Margarita pizza slice Pizzini
<b>Sides &amp; Greens</b>	Broccoli Garlic bread	Graden peas	Roast Potatoes Carrots	Crispy Potato wedges sweetcorn	Chips and Beans
<b>Rolls &amp; Jackets</b>	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
<b>Desserts</b>	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes